



**Bala Vinyasa Yoga 200Hr In-Depth Yoga Study and
Teacher Training Certification Program Application**

(please print or type into document)

Name _____ Date _____

Address _____

Phone _____ Email _____

Sex M / F Marital Status _____ # of Children/ Ages _____

Occupation _____

Education: High School Y / N College Y / N

Degrees _____

How many years have you practiced yoga?

How many times a week do you practice yoga?

Why did you begin practicing yoga?

Please list any previous yoga experience including length of time, specific teachers, and types of yoga. What is your experience level with Baptiste yoga?

Please list any other health and fitness training or related background you have.

Please describe other activities and hobbies you enjoy.

Please list yoga workshops, retreats or teacher trainings you have attended.

If you are a teacher, please list types of classes and frequency you teach, as well as workshops, retreats or teacher trainings you have facilitated or co-facilitated.

Please list any non-yoga personal growth, transformational-based courses, workshops, seminars or retreats you have completed, other than Baptiste programs.

What is your intention for attending this Training?

What are your expectations for this Training? What do you hope to gain, learn, or work on?

Would you like to become yoga teacher? If yes, please explain why.

Please list anything else we should know about you as a yogi and human being.

How would you evaluate your current health?

Are you currently, or during the last two years have you been under the care of a physician or mental health professional (psychiatrist, therapist, or other health care professional)? If yes, please explain.

Please list any medications you are currently taking or have taken in the last year that were prescribed by a health care professional.

Are you willing to commit yourself 100% to this training? Do you feel you have any, physical, mental or emotional limitations that could prevent you from participating fully?

Teacher Training Refund Policy:

- All payments must be paid when due.
- Refunds for cancellations up to two weeks prior to date of teacher training, minus processing fee of \$100.
- Bala Vinyasa Yoga credit only to a future teacher training is given for cancellations at least seven (7) days prior to the teacher training.
- Only credit to a future teacher training is given less than seven (7) days of teacher training and a documented emergency occurred that resulted in the absence
- If Bala Vinyasa Yoga cancels the teacher training, a full credit or refund will be issued.
- Bala Vinyasa Yoga reserves the right to amend this policy at its sole discretion

I have read and understand the above terms and requirements on our website regarding teacher training.

Yes _____ No _____

Signature _____ Date _____